

“I am adept at traversing the energetic planes, holding you safely and aligning with your sacred desires and intentions to change. I encourage you to open to your true nature. In doing so those parts that prevented you from embracing your full potential transform. Then you can permanently live from a place of better health and happiness.”

– SARAH LIDSEY



About Sarah Lidsey

Sarah graduated as a certified energy field therapist and healer from the internationally renowned Barbara Brennan School of Healing. She is also certified as a practitioner of VortexHealing® Divine Energy Healing and she practices Quantum Healing, Neurofeedback using NeurOptimal®, Lotus Heart Tantra and her own modality, LifeForce Healing. Her work rests on the understanding of the sacred nature of each one of us, and she specializes in assisting her clients to create, restore and deepen the balance and harmony in their lives. Her sessions are heart-centered and respectful of each individual's journey in life. Sarah's passion for travel and her recognition of the importance of pilgrimage in life has taken her to sacred sites around the world. She brings with her a palette of powerful energies gifted to her from around the earth. As part of her own healing journey she continues to explore the true nature of Being.

Sarah helps you to clarify what you want to create in your life and then she helps you to get it! The positive choice you make when you show up for a session provides the space for healing energy, love and understanding to flow through each concern or intention. This brings all elements back into consciousness and the full potential we are all offered by life can then come into being.

Scheduling an appointment

While many of my clients work with me in person, I also practice distant healings by telephone in this country and abroad. Healing energy can be transmitted over any distance with equal sensitivity, strength, and effect.

To make an appointment, or for more information, contact Sarah by phone on **07506 381191** or through her website **www.livinglifeorce.com**.

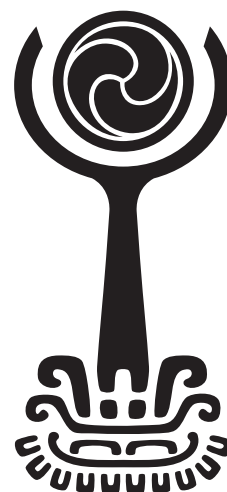
“Words fail to capture the marvelous, nourishing support I received at every level of my being, and that was just for starters! I cannot imagine a better partner for co-creating such a joyous and inspirational journey into my Being.”

– MARY B. O'MALLEY, MD, PHD., CT

Would you like to **CREATE WHAT YOU WANT IN YOUR LIFE?**
FIND BALANCE AND INNER PEACE
LIVE FROM YOUR HEART AND REALIZE YOUR FULL POTENTIAL

“My intention is to empower you to deeply initiate your own inner healer and healing journey in whatever way is just right for you. I am an ally standing with you on your path towards greater freedom of body, mind and spirit. I invite you to step forward and embrace the possibilities.”

– SARAH LIDSEY



LifeForce Healing

*The RESTORATION of LIFE FORCE and
NATURAL BALANCE through HANDS-ON HEALING*

{ Sarah Lidsey }

“Sarah carries with her a palette of sacred land energies into which she can tap so as to provide just the right energy for her client’s unique needs. Her connection to the Source of Life enables her work with clients to powerfully re-invigorate and realign them to their unique connection to life, profoundly healing mind, body and spirit. Her sense of integrity and respectfulness cannot be overstated. I would highly recommend anyone to experience her healing work.”

– PATRICIA F., CA
International Workshop Leader
and Energy Practitioner

What is LifeForce Healing?

Lifeforce is a unique blend of metaphysical, celestial, ancient, and shamanic energies. Just as a personal trainer diagnoses and carefully tailors a physical regime to increase the wellbeing of their client, as a personal healer and spiritual guide Sarah channels a life-enhancing healing regime specifically for you using parts or the whole of her healing repertoire.

What concerns or issues might be successfully addressed by a LifeForce Healing session?

Included in the following intentions are some that clients have asked Sarah to assist them with:

- ‘I am exhausted, very emotional and stressed’.
- ‘I can’t seem to attract what I want in my life’.
- ‘I am experiencing a lot of change in my life and I would like to feel supported’.
- ‘I am in conflict again. How can I stop sabotaging my relationships’.
- ‘I am not well. I want to do all I can to speed my recovery’.
- ‘I want help in creating something new in my life and in manifesting my vision’.

“I went to see Sarah because I just didn’t feel like myself—I felt off center and stuck in my ability to generate. During our sessions, I could feel the light and energy moving through my body—and at the end—I felt lighter and clearer. Thanks to Sarah, I am feeling like my old self again.”

– D.G.

“Sarah has an extraordinary depth of presence which has had a profound effect in my healing experiences with her. They have had a deeply grounding effect on my body and being. Her healing mastery connected into the deep structures of my body, radiating and strengthening the very foundation of my being and supporting my connection to the truth of who I am.”

– DR. KRISTINA KINCAID, NY

Why is LifeForce Healing so transformational?

In LifeForce, obstacles that hold you back in your life are cleared; elements that have become depleted regenerate; aspects that no longer serve you are transformed; and your natural vitality is restored. You are able to transform and evolve your whole system, charge, balance and align it, so that once again you live life from a place of optimum health and happiness. This happens naturally in a way that suits you.

What are the benefits of working with LifeForce healing?

- Alignment with your deepest wishes
- The evolution and transformation of Consciousness
- Elimination of old patterns of behavior
- Enjoyment emerging as the staple element of your life as you open your heart to love more and fear less.
- Speeded and enhanced recovery from injury or illness.
- Feeling grounded, centered, and more balanced in Life.
- Relaxation from the stresses affecting your body and mind.

“I am so grateful for the healing you gave me. Besides feeling wonderful afterwards, I felt a palpable shift the following day around the fear issue that we were addressing in the session.”

– A. CASALE, NY